



## Getting to know...

# Dr. William R. Moyal



## Biography

As a first generation chiropractor, William R. Moyal, D.C. was born to help people. During his chiropractic training, he studied with more than 30 of the top physicians in the World; including Chiropractors, Osteopaths and Medical Doctors. Prior to that he worked as an Emergency Room Tech, and for 5 years as an EMT driving ambulances.

He's spent the last 20+ years perfecting a predictable approach to resolving any case that walks into his office or sporting event by isolating injury patterns. Dr. Moyal states injuries leave clues and one just has to interpret what they mean in order to find the cause and solution to each patient's problem. This is what makes him different and able to solve so many cases that he is called in to work with...

## Professional Accomplishments:

- 1985 – Present** Treated over 4,175 athletes of Professional, Olympic and Amateur Levels
- 1987** Launched Advanced Motion Palpation Seminars – taught at Life Chiropractic College, Texas Chiropractic College, Parker College of Chiropractic, Palmer School of Chiropractic, Institute Francaise de Chiropractique
- 1988** Invited to work and treat the 1988 Olympic Greco-Roman Wrestling Team in Colorado Springs, Colorado, Olympic Training Camp by Olympic Coach Pavel Katsen
- 1986 – present** Worked and treated over 43 Miami Dolphin Players, as well as a dozen players from different NFL teams
- 1986 – 1993** Worked with Miramar High, Cooper City High, Western High, St. Aquinas High, Hallandale High, Norland High, Miramar Optimist, Pembroke Pines Optimist
- 1992** Chiropractor for the Don Shula Celebrity Golf & Tennis Tournament
- 1993 – 1994** Chiropractor on Staff for the Alamo Diving Invitational (Hall of Fame Pool, Olympic Coach Ron & Tim O'Brien)
- 1995 – 2003** Chiropractor for Ocean Drive Magazine's "VolleyPalooza '95, '96, '97 & '03)
- 1996** Chiropractor for Ken Kaiser Foundation Golf Invitational
- 1997 – 1998** Worked with trainer Angelo Dundee's training camp (Semi & Pro boxers)
- 1998 – 2001** Event Chiropractor for Maureen Connelly Tennis Invitational U.S.A. vs. England and coverage for other local Tennis Competition at the Delray Tennis Center, Boca Pointe Country Club, Boca Raton Country Club, Hunter's Run Country Club, Boca West Country Club, Addison Reserve Country Club. Rick Macci Tennis Academy Tennis Pro Tina Pisnik
- 1998 – 2001** Team Doctor for Atlantic Diving (Coach Patrick Jeffrey, former '92, '96 Olympic Diver)
- 2000 – 2001** Chiropractor for Ft. Lauderdale Dive Team (Olympic Coach Tim O'Brien)
- 1988 – Present** Treated and worked with many Celebrities and Top Musicians (Downtown Julie Brown, Steven Tyler, Tony Robbins, Pauly Shore, Tommy Davidson, Melissa Etheridge, Mr. Perfect, Sgt. Slaughter, 26 New England Patriots, 41 Miami Dolphins, and hundreds of Olympic athletes and many more...)
- 2003- present** Worked with 2000 Super Heavy Weight Olympic Gold Medal Winner and now Professional Boxer Audley Harrison, Miami Beach, Florida September 5<sup>th</sup>-9<sup>th</sup>, 2003 and Several Professional Basketball Players and NFL players from different teams.
- 2004-Present** Work with Body Builder Alex Ramirez
- 2006-2007** Worked with David "Hayemaker" Hay, European Cruiserweight Boxing Champion, Terrence Wilkins of the Indianapolis Colts SuperBowl Champions
- 2007– Present** Work with Actor Sharon Gless (TV Series "Cagney and Lacy" and more recently Burn Notice, and much more!)
- 2007** Work with Coach Mike Bottom and Race Club Team Short Course Nationals, Atlanta, Ga. Nov 29<sup>th</sup>-Dec 2<sup>nd</sup>, also worked on Swimmer Cesar Cielo (Brazil)
- 2007-2008** Work with 10 times Olympic medalist Swimmer Gary Hall, Jr. and his Race Club World Team and will be his personal physician at Olympic Trials, Omaha, Nebraska in June '08, 5 times Olympians, Mark Foster (England) and Salim Iles (Algeria), Duje Draganja, George Bovell, Nathan Adrian, Guy Barnea, Henrique Barbosa, Agata Korc, Mike Cavic, Gordon Kozulj, Andrew Novakoff, Thomas Kindler, Igor Martchenko, Mario Delac, Andreas Friedrich
- 2008** Developing the International Center for World-Class & Olympic Athletes concept after working with Olympic swimmers from Croatia, Serbia, Trinidad, Poland, Germany, India, Spain, England, France, Brazil, Algeria, Israel and Canada
- 2008** Personal Chiropractor at 2008 Olympic Trials in Omaha, Nebraska for Gary Hall Jr. and members of the Race Club that qualified to attend the Trials June 29<sup>th</sup> – July 6<sup>th</sup> 2008
- 2008** Worked on cast of "Girls Night the Musical" at Parker Playhouse, Fort Lauderdale, Florida July 31<sup>st</sup> - August 3<sup>rd</sup>, 2008
- 2008** Sought out by and working with Pro Tennis Player Alisa Kleybanova (presently ranked 34<sup>th</sup> in the World)
- 2009 - 2010** Working with several NFL players from the Titans, Eagles and Steelers
- Working with Coach Mike Bottom's University of Michigan Team in the Florida Keys for Orange Bowl Swimming Classic and Big 10 Championship, Columbus, Ohio February 24<sup>th</sup>-28<sup>th</sup>, 2010, taking care of the Team, including Olympian Peter Vanderkaay and Tyler Clary.
- Presently working with several MMA fighters and boxers



## Vital Statistics

**Born:** Paris, France, January 5, 1958 moved to U.S. in 1969

**Graduated:** Life Chiropractic College, June 1985

**Certified Chiropractic Sports Physician:** certification 1990 by ACA Sports Council

**Accomplishments:** Author, Lecturer, Seminar Instructor, 1986–present - personal chiropractor to 1000's of top professional, amateur, Olympic athletes, celebrities and thousands of patients from more than 78 Countries from around the World because of his unique style and approach to finding, identifying and resolving difficult chronic problems that other healthcare professionals seem to have a hard time figuring out - *leaving the patient in pain and frustrated as to whether someone can help them...*

## Pioneer In Injury Prevention

Since 1986, Dr. Moyal has used his expertise in Functional Biomechanics to identify, solve and prevent injuries at different levels of competition on thousands of athletes, identifying specific patterns that can be isolated in different sports. As a result, he describes that *"injuries leaves clues!"* which repeat in every single athlete he has treated, no matter what sport they participate in. This contributes to decreased performance and recurring injuries. By applying one of his predictable pattern solver technique, Dr. Moyal has been able to treat chronic cases with very high success that haven't responded to traditional medical, osteopathic, chiropractic care, massage therapy or acupuncture approaches and is highly sought after and called upon.

## Published Articles To Date

**Preparing for Olympic Competition** – Today's Chiropractic Magazine July/August 1989

**The Dispersive Factor: How a single source can create multiple aggravated sites of injuries without trauma** - Today's Chiropractic Magazine July/August 1998 and in Dynamic Chiropractic September 1998

**Five Steps To Becoming A Master Chiropractor** – Today's Chiropractic Magazine July/August 1999

**An Athletic Tragedy** – Today's Chiropractic Magazine November/December 1999

**Preventing Athletic Tragedy Through Joint Play Analysis** – Today's Chiropractic Magazine March/April 2000

**How To Handle Even The Most Difficult Sports Injuries** - Today's Chiropractic Magazine May/June 2002

**The Psoas Release Technique** - Today's Chiropractic Magazine July/August 2002

# Dr. William R. Moyal at a glance...

## Sport Chiropractor

## Personal Note

When I started my professional career some 20 + years ago, I had no idea that I would have this much fun. Having studied with the best teachers I could find and setting a goal of being one of the best in my profession has certainly paid off. I am not only privileged to work with infants and babies as young as 15 minutes old to my oldest adult to date at age 98 years young, but also use that knowledge to work on some of the best celebrities, musicians, athletes and Olympians on the planet and also be involved with the modeling and movie industry to boot. I am often sought after and flown around the country to care for patients as their private chiropractor... who would have thought that in 1985? But my favorite is being in my own office taking care of my neighbors, their friends, co-workers and family members and spending time close to my son and his developing passion of swimming.